

## Parentline Plus Groups for 2008

Title of Group	Description	Start Date	Start time (all sessions are 2 hours)	Duration	Venue	Notes	Internal Use Only
Dealing with tantrums	Ideas to help when you are caught in that whirlwind	21 <sup>st</sup> May	Wednesday 9.30 am	<b>1</b> session	Thornhill Healthy Living Centre		538 HC
Starting school	Ideas to help when the big moment comes	21 <sup>st</sup> May	Wednesday 10.00 am	<b>1</b> session	Sure Start Weston	<b>SO19 9-- postcodes</b>	549 VR
Being a stepfamily	How to manage the daily stresses, enjoy the benefits and build a future together	22 <sup>nd</sup> May	Thursday 9.30 am	<b>1</b> session	Warren Centre, Shirley Warren	<b>FREE CRECHE</b>	706 JT
Helping children learn & stay safe	Exploring safe and effective use of computers & phones	27 <sup>th</sup> May	Tuesday 6.00 pm	<b>1</b> session	Saints Study Support Centre	<b>DADS ONLY FULLY BOOKED Plus children's activities for 7yrs+</b>	594 JT
Helping children learn & stay safe	Exploring safe and effective use of computers & phones	31 <sup>st</sup> May	Saturday 10.00 am	<b>1</b> session	Saints Study Support Centre	<b>DADS ONLY FULLY BOOKED Plus children's activities for 7yrs+</b>	595 JT
Being a stepfamily	How to manage the daily stresses, enjoy the benefits and build a future together	5 <sup>th</sup> June	Thursday 7.00 pm		Forest View, Lordshill		707 JT
Being a stepfamily	How to manage the daily stresses, enjoy the benefits and build a future together	12 <sup>th</sup> June	Thursday 12.45 pm	<b>1</b> session	Weston Park, Woolston	<b>FREE CRECHE</b>	692 JT
Being a stepfamily	How to manage the daily stresses, enjoy the benefits and build a future together	19 <sup>th</sup> June	Thursday 9.30 am	<b>1</b> session	Redbridge Community School	<b>FREE CRECHE</b>	693 JT
Being a stepfamily	How to manage the daily stresses, enjoy the benefits and build a future together	26 <sup>th</sup> June	Thursday 7.00 pm	<b>1</b> session	Woodlands, Harefield		694 JT

Fathers Day Event Can Do Kids	How to help children feel confident workshop & multi-sports activities	14 <sup>th</sup> June	Saturday 12 noon	<b>1</b> session	Chamberlayne Leisure Centre Weston	<b>DADS ONLY Plus children's activities for 7yrs+</b>	667 JT
Surviving the summer holidays	Ideas to make the holidays enjoyable for everyone	25 <sup>th</sup> June	Wednesday 9.30 am	<b>1</b> session	Thornhill Healthy Living Centre		539 HC
Being a stepfamily	How to manage the daily stresses, enjoy the benefits and build a future together	2 <sup>nd</sup> July	Thursday 1.00 pm	<b>1</b> session	Surestart Central St Mary's	<b>FREE CRECHE (TBC)</b>	705 JT

<b>"Time To Talk"</b>	<i>Talk your parenting issues through with a trained advisor on a <b>one to one</b> basis <b>1 – 5</b> sessions (times and dates can be arranged to suit) Available to Lone Parents and Southampton City Parents</i>
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**To book FREE places or to find out more please contact us on 023 8064 5900  
or email [hantsinfo@parentlineplus.org.uk](mailto:hantsinfo@parentlineplus.org.uk)**

*Courses are subject to change and more groups are being arranged all the time Check our website for the latest details [www.parentlineplus.org.uk](http://www.parentlineplus.org.uk)*